

Child's name..... Class.....

Menu One		April- end October 2019			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Beef Moussaka (layers of mince beef in a tomato sauce with sliced potatoes and topped with cheese) served with garlic bread	Barbeque Chicken Wrap (BBQ chicken with sweet potato, grated carrot) served with seasoned rice	French Stick Gammon Ham & Sweetcorn Pizza Served with potato wedges, carrot & cucumber	Roasted Chicken Served with chipolata sausage, stuffing ball, roast pots & vegetables of the day	Cod Fish Fingers Served with oven baked chips, peas and baked beans
Vegetarian meal	Homity Pie Served with garlic bread	Moroccan Bake (sweet potato, carrot, onion & sweet pepper in a tomato sauce) served with seasoned rice	French Stick Three Cheese Pizza Served with potato wedges, carrot & cucumber	Veggie Loaf (quorn, carrot, cous cous in a vegetable gravy) served with roast pots & vegetables of the day	Pinwheel (cheddar cheese & baked beans wrapped in a puff pastry wheel) served with oven baked chips, peas & baked beans
Jacket potato	Baked Beans	Gammon Ham	Tuna Lemon Mayo	Egg Salad	Tuna & Sweetcorn Mayo
Packed Lunch	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich

Fresh bread and salad, a dessert of the day and yoghurts and fresh fruit daily

Please select your choices by ticking in the box where the menu is required. Choose a Main meal **OR** a Vegetarian meal **OR** a Jacket potato **OR** one Packed Lunch option

Please return the menu to the office by **3.30pm on Wednesday of the preceding week**. Online payment preferred please via ParentPay. Alternatively, cash or cheque at the school office (cheques made payable to **Ventrus Ltd**). Meal choices can also be emailed to **stdavids@ventrus.org.uk**

Lunches are **£2.30** daily



Please remove slip for your records:

	April		May			Half Term	June				July			
Week	1	2	3	1	2		3	1	2	3	1	2	3	1
Mon	22	29		6	13		3	10	17	24	1	8	15	22
Tues	23	30		7	14		4	11	18	25	2	9	16	23
Wed	24		1	8	15		5	12	19	26	3	10	17	
Thurs	25		2	9	16		6	13	20	27	4	11	18	
Fri	26		3	10	17		7	14	21	28	5	12	19	

Please make a note of which day/s your child has ordered a lunch and detach for your own records.

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