$\qquad$

| Menu Three | April 2019 - October 2019 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main meal | Chicken Curry Served with rice, naan bread \& salsa | Summer Pie (pork shoulder, carrots, onions topped with puff pastry) served with roast mini pots \& garden peas | Ham \& Chorizo Pizza Served with potato wedges \& sweetcorn | Roast Topside of Beef <br> Served with Yorkshire pudding, roast pots \& vegetables of the day | Battered Cod Served with oven baked chips, baked beans \& peas |
| Vegetarian meal | Samosa's (filled with vegetables \& quorn mince) served with rice, naan bread \& salsa | Indian Bhajee (filled with sweet potato, butternut squash, carrot \& spring onion) served with basmati rice \& pitta bread | Margarita Pizza Served with potato wedges \& sweetcorn | Butternut Squash Risotto | Vegetable Burger Served with oven baked chips, baked beans \& peas |
| Jacket potato | Tuna Mayo | Cheddar Cheese | Egg Salad | Tuna Lemon Mayo | Cheddar Cheese \& Baked Beans |
| Packed | Ham Sandwich | Ham Sandwich | Ham Sandwich | Ham Sandwich | Ham Sandwich |
| Lunch | Cheese Sandwich | Cheese Sandwich | Cheese Sandwich | Cheese Sandwich | Cheese Sandwich |

Fresh bread and salad, Dessert of the day, yoghurts and fresh fruit daily
Please select your choices by ticking in the box where the menu is required. Choose a Main meal OR a Vegetarian meal OR a Jacket potato OR one Packed Lunch option

Please return the menu to the office by 3.30pm on Wednesday of the preceding week. Online payment preferred please via ParentPay. Alternatively cash or cheque at the school office (cheques made payable to Ventrus Ltd). Meal choices can also be emailed to stdavids@ventrus.org.uk Lunches are $\mathbf{£ 2 . 3 0}$ daily
8
Please remove slip for your records:

|  | April |  | May |  |  |  | $\frac{\xi}{2}$ | June |  |  |  | July |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week | 1 | 2 |  | 3 | 1 | 2 |  | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 |
| Mon | 22 | 29 |  | 6 | 13 | 20 |  | 3 | 10 | 17 | 24 | 1 | 8 | 15 | 22 |
| Tues | 23 | 30 |  | 7 | 14 | 21 | 1 | 4 | 11 | 18 | 25 | 2 | 9 | 16 | 23 |
| Wed | 24 |  | 1 | 8 | 15 | 22 | - | 5 | 12 | 19 | 26 | 3 | 10 | 17 |  |
| Thurs | 25 |  | 2 | 9 | 16 | 23 | エ | 6 | 13 | 20 | 27 | 4 | 11 | 18 |  |
| Fri | 26 |  | 3 | 10 | 17 | 24 |  | 7 | 14 | 21 | 28 | 5 | 12 | 19 |  |

Please make a note of which day/s your child has ordered a lunch and detach for your own records.

| Menu 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

