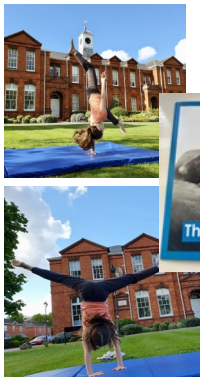
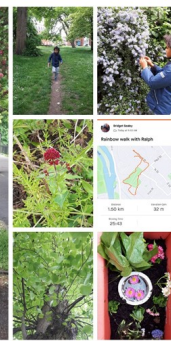
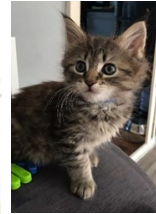




# Friday Flyer

15th May 2020

## A Week in the life of our Amazing St David's Children and Phoebe Johnson's new kitten



### Ruby's Star Learner

**Reception: Sienna** - because she has maintained such a sunny and happy approach to her learning at home. It has been wonderful to see her working hard with mummy and daddy's help and producing some lovely pieces of work.

### Emerald's Star Learner

**Year 1: Grace** for engaging in all the learning so well. Grace is also making fantastic progress in her reading. We are so proud of her! Well done Grace!

**Year 2: Iowa**—We have thoroughly enjoyed her videos this week. The quality of her writing has been fantastic! Well done Iowa! Keep it up!

### Sapphire's Star Learner

**Year 3: Ralph**—Ralph's home learning work is always well presented and of a very high standard. Ralph clearly had fun discovering a new breed of dragon this week. His descriptions and ideas were imaginative and terrifying!

**Year 4: Alfred**—Alfred has demonstrated he is a responsible home learner again this week. He has completed all activities set and to an extremely high standard. Alfred's teamwork explanation was thoughtful and clear and his Andy Goldsworthy inspired artwork was breath-taking.

### Diamond's Star Learner

**Year 5: Zara** produced a fantastic football video for our 'Teach the Teacher', showcasing a range of her skills and making brilliant use of her dad as a defender too. Zara has also worked consistently hard this week and over the past month on Seesaw. Thank you and well done Zara!

**Year 6: Clara** made an epic five minute video on how to be a gymnast, giving clear step-by-step instructions and showing her viewers her incredible abilities too. During lockdown she has also raised £98 towards the Guide Dogs by doing her acrobatic cartwheels. Clara has worked consistently hard over the past 4 weeks on Seesaw. Thank you and well done Clara!

### Our Christian values

Respect

Forgiveness

Compassion

Friendship

Justice

Trust



# Friday Flyer

## 15th May 2020

### Christian News and Events from Across Exeter

Rev Ash has asked us to share the latest in Christian events and news across our city:-

- **Every Wednesday- Virtual Networking Coffee—10.30am**  
Join other Christians in the South West for a virtual networking coffee, every Wednesday, thinking about how we serve our communities during the current circumstances. Brought to you by the Methodist Church South West Learning Network.  
  
Join at: <https://zoom.us/j/99556163032?pwd=YWxFMFFmaGJBcINtVG9qWmRNdVBEUT09>
- **10th-16th May—Christian Aid Week**  
Christian Aid Week is online! More info, here:  
<https://www.christianaid.org.uk/appeals/key-appeals/christian-aid-week>  
Contact the Exeter Christian Aid Treasurer, Mary Ellis [maryellis@phonecoop.coop](mailto:maryellis@phonecoop.coop) for more details.
- **17th May - Exeter Prays—8-8.30pm**  
At <https://live.rediscoverchurch.com>  
Meet up live online to pray for Exeter. A wide range of leaders in the church and city are shaping and participating in this, our third such Exeter focused prayer time.  
Livestream or catch up at <https://www.facebook.com/CTAXChristiansTogether/>
- **20th-31st May—TKC: Thy Kingdom Come**  
Details follows on page 3— 'Five Ways to Get Involved', a document with some national ideas for prayer in this year's TKC season, including 24/7 Zoom Prayer (sign up for an hour slot here <https://www.24-7prayer.com/signup/70087a>) and an online beacon service (more info below). The basic premise is praying for 5 people to discover faith.
- **31st May - Pentecost Sunday—TKC Beacon Prayers—8pm**  
Uplifting and empowering celebration of the Church's birthday! Details TBA
- **1st-7th June—Joyfest**  
Normally, Joyfest is a week of random acts of kindness, but because of the uncertainty about how much lockdown will be eased and when, we're not going to run Joyfest *as planned* this year (\*see caveat below). We prayerfully think it's better to wait until we can do the whole thing really well, with a great build up to engage our churches in a week of creative and reckless generosity.

Among the resources, ECW might connect people with the Marriage Course and the Wellbeing Support Fund (supporting people who find themselves in financial difficulty due to the Coronavirus outbreak).

Peace and blessings,

Details can be found on page 3 of our Friday Flyer

### **Community Action Response: COVID 19**

*There are a lot of volunteers keen to help others during the shutdown. Volunteers are on hand to, for example, help with collecting medicine, shopping, dog walking, etc.*

*Full details of how Exeter City Council and Wellbeing Exeter are committed to working together to provide much needed help can be found via the following website:*

<https://exeter.gov.uk/clean-safe-city/community-safety/coronavirus/exeter-community-wellbeing/>

*The best way for parents to get help would be to follow the "Individuals requesting community support" link detailed on this page.*

Our very own Mrs Thompson is secretary of the Bury Meadow Residents' Association who are co-coordinating volunteers to support any who need help in the area. If parents are more comfortable going through us to seek help, please feel free to direct them to Stephen Fisher ([stephen@moorfish.com](mailto:stephen@moorfish.com)) or Ali Lucas (07792 996196) so that we can connect them up with volunteer support. me!

### Our Christian Values

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## Virtual Coffee with the Learning Network South West

Wednesdays @ 10:30am



We are inviting you to join us for a scheduled online Zoom meeting, offering mutual support, but also thinking about how we can serve our communities during the current circumstances.

Wednesdays @ 10:30am

Join Zoom Meeting: <https://zoom.us/j/99556163032?pwd=YWxFMFFmaGJBclNtVG9qWmRNdVBEUTO9>

Meeting ID: 995 5616 3032

Password: 002087

If you are free, grab a cup of coffee in your favourite mug and join us! Zoom sign up is free for the 40 minute discussions.

## Five ways to get involved in Thy Kingdom Come 2020

\*Due to COVID-19, the apps will be available from early May

**Digital Resources** - We have a number of digital resources to equip churches and individuals which can be shared with congregations for download and print at home.

The innovative Family Prayer Adventure Map. Once printed, download the free app\* to access games, reflections and augmented reality! You can see Archbishop Justin trying it out here (pre-lockdown).

Our Prayer Journal for the 11 days has poignant reflections, Bible verses and actions, and features artwork from Charlie Mackesy.

The free Thy Kingdom Come App\* has daily videos, bible readings, reflections, and podcasts from N.T Wright. The Thy Kingdom Come Video Library also has over 200 videos to download, including reflections and testimonies from influential Christians such as the Archbishops of Canterbury and York, His Holiness Pope Francis, as well as many others.

**Pray Together** - Praying together for people to come to know the love, hope and peace found in Christ is at the heart of Thy Kingdom Come. Could your church set up regular daily patterns of prayer, perhaps via conference call, to hold these people in prayer or adapt existing prayer times to do so? Or you could commit to saying the Lord's Prayer at a set time each day. A number of digital resources are also available here.

**Continuous Prayer** - Consider hosting or participating in a continuous virtual prayer event. You could do this as a local church, or connect with others across other denominations or in different parts of the world. You can find 24-7 Prayer resources and virtual prayer rooms here.

**Light Up your Town or Village in Prayer** - Jesus Christ is the light of the world and we are called to be the light of the world as we bear His image. Could you encourage Christians in your area to commit to lighting up the world in prayer during these 11 days? Visit the 'Light Up the World' prayer section on our website to find resources to equip you/your church to take part.

**Prayer and Care** - People have shown immense love and kindness as they serve the most vulnerable during this unprecedented time. As a result, we are introducing a new strand to this year's Thy Kingdom Come. As we pray for those we know and love to become followers of Jesus, how could we safely and responsibly demonstrate this practically? Order this Prayer and Care pack for your household, or send one to friends and family to encourage them to join in.

The Marriage Course

## The Marriage Course On-Line

*"If you'd asked me six weeks ago what I wanted more of in life, it would*

*have been time with my wife and children. Lockdown has given me that in spades – but it hasn't all been a bed of roses. Sometimes it has actually felt that spending all our time together has degraded our relationship, partly because most of that time seems to be spent on work, children and attending to everyone's basic, day to day needs. – So doing The Marriage Course, and setting aside specific, quality time together has been hugely helpful, and I've found it really instrumental in helping to understand our relationship and each other. Who knew, for instance, that there are techniques available to improve one's listening skills? It turns out that I am, by nature, a reassurer and a problem solver when it comes to listening to my wife, which isn't always what she wants from a conversation about what's bothering her. – Learning invaluable things like this is invaluable – and will hopefully continue to build our marriage long after lockdown has ended"*

(The Daily Telegraph 16 April 2020)

The Marriage Course has already been completed by more than 2 million couples worldwide. The updated version was launched in mid-February and it's been produced in a format allowing it to be offered on-line during lockdown. What is more, due to some incredible generosity, it's being offered FREE, not only here but in a total of 120 countries and 45 languages.

We and a few other couples from Exeter are currently following the on-line course as the technology is straightened out. – Some time ago, Nicky and Sila Lee, who present the course, had a vision involving the feeding of the 5000 – they have been overwhelmed by the response to this new course which currently involves over 2500 couples (over 5000 people!) in this country alone. The quote at the beginning has been taken from a very supportive full-page review in the Daily Telegraph in April. The course is for any couple, however long they've been together – and may be just what you're looking for to enhance your relationship and help you through and hopefully past lockdown. – And remember, although firmly based on Christian principles, it's suitable for couples of any or no faith – so do mention it to friends and other family members.... wherever they are in the country!

**We're now in a position to offer the course on-line at Belmont.**

It runs over seven weekly sessions via a Zoom webinar (which means your microphone and cameras are disabled, so there's no discussion with anyone else – they don't even know you're there). If you'd like to know more about this please contact us via Belmont Office (01392 258029) or email [marriage@belmontchapel.org.uk](mailto:marriage@belmontchapel.org.uk).

Mike & Sue Cox - Marriage Course

**OUR FATHER, IN HEAVEN**

**EXETER PRAYS**  
SUNDAY 17<sup>TH</sup> MAY, 8PM  
[LIVE.REDISCOVERCHURCH.COM](http://LIVE.REDISCOVERCHURCH.COM)

**EXETER PRAYS**  
PRAYING FOR THE CITY, OUR LAND AND THE NATIONS

**SUNDAY 17<sup>TH</sup> MAY, 8PM**  
[LIVE.REDISCOVERCHURCH.COM](http://LIVE.REDISCOVERCHURCH.COM)

Trust